

## Press Release

### For Immediate Release

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## Advocate Sherman Hospital to Offer Heart & Vascular Risk Screenings during American Heart Month

**Elgin, Ill.** – To coincide with American Heart Month, Advocate Sherman Hospital will be offering a special Heart & Vascular Risk Screening Package to help members of the community access their heart disease risk. This comprehensive package is being offered on the following days:

**February 10** | Advocate Sherman Outpatient Center – South Elgin

**February 22** | Advocate Sherman Outpatient Center – Algonquin

**February 25** | Advocate Sherman Outpatient Center – Elgin (Royal)

**March 4** | Advocate Sherman Imaging Center – 1710 Randall Road

Appointments are available from 7-10:30 a.m. and last approximately one hour. Screening packages include EKG (electrocardiogram), peripheral vascular screening (ABI), blood sugar, body fat composition, total lipid panel and glucose, carotid artery ultrasound, AAA ultrasound and heart CT scan. The cost for the screening package is \$170.

An Advocate Medical Group cardiologist will be on hand to review EKG results and make recommendations for patients at the screening. All results will be sent to the individual's primary care physician and the cardiologist present at the screening. To make an appointment for the Heart & Vascular Risk Screening Package, please call **1.855.ONE.HEART**.

Heart screenings are recommended for men and women ages 40-70 with one or more of the following risk factors: diabetes, history of smoking, high BP, high cholesterol and/or family history of heart disease.

Healthy Heart CT Scans are also available during the above dates and offered on an ongoing basis at Advocate Sherman Hospital and our Outpatient Center locations. This 15-minute test detects calcium deposits in the heart, an early sign of heart disease. The cost is \$85. To make an appointment for a Healthy Heart CT Scan, please call Central Scheduling at **224.783.8972**.

### About Advocate Sherman Hospital

Named the fifth most beautiful hospital in the U.S. by Soliant Health and built in 2009, the 255-bed Advocate Sherman Hospital features all private patient rooms, a 15-acre geothermal lake to heat and cool the facility, an advanced Emergency Department with a level II trauma center, a spacious Family Birthing Center and Special Care Nursery, a Heart & Vascular Center, a Cancer Care Center and a bright, open design to contribute to the healing process. Advocate Sherman is a certified Primary Stroke Center, Breast Center and Chest Pain Center, and also received a 2011 Silver Award from Illinois Performance Excellence (ILPEX). In 2012, it achieved Magnet® nursing status – the highest national standard for nursing excellence. Advocate Sherman provides services across the whole continuum of care, including three

1425 N Randall Road  
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immediate care/outpatient centers, an imaging center and a skilled nursing and rehabilitation facility. Advocate Sherman employs more than 2,200 individuals, has more than 600 dedicated physicians on its medical staff and is part of the Advocate Health Care network. For more information, visit [AdvocateHealth.com/Sherman](http://AdvocateHealth.com/Sherman) or call 1-800-3-Advocate.

#### **About Advocate Health Care**

Advocate Health Care, named among the nation's Top 5 largest health systems by Truven Analytics in 2013, is the largest health system in Illinois and one of the largest health care providers in the Midwest. Advocate operates more than 250 sites of care, including 10 acute care hospitals and the state's largest integrated children's network. As a not-for-profit, mission-based health system affiliated with the Evangelical Lutheran Church in America and the United Church of Christ, Advocate contributed \$571 million in charitable care and services to communities across Chicagoland and Central Illinois in 2011.